

Roxanne Davis, LPC
Awakened Heart PDX
306 NW Hoyt St. Suite 407
Portland, OR 97209
971.407.3930

Professional Disclosure Statement

Philosophy and Approach: I always assume that my clients are doing the best they can with the tools they have in whatever circumstance they are in. Rather than pathologizing behavior, I view the behavior as a learned coping strategy that may no longer be effective. In my work I try to help my clients recognize those behaviors that do not serve them and build the skills to handle difficult situations more constructively. My therapeutic approach is trauma-informed, attachment-based treatment and incorporates modalities including mindfulness, cognitive-behavioral therapy, ACT, emotion-focused therapy, and solution-focused brief therapy. I recognize that every client is different, so rather than using a “one-size-fits-all” approach, I prefer to tailor my treatment to the needs of the client.

Formal Education and Training: I hold a master’s degree in Applied Psychological Science from Pacific University. Major coursework focused on the impact of cultural, biological, social, emotional, cognitive and behavioral factors on psychological phenomena, emphasizing the development of a strong theoretical foundation and use of evidence-based practices.

As a licensee of the **Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics.** To maintain my license I am required to participate in continuing education, taking classes dealing with subjects relevant to my profession.

Fees: My rate is \$200 per session. Awakened Heart PDX offers a sliding scale option, which ranges from \$150-200 per session. Your fee will be determined prior to beginning services. Sessions are approximately 50-55 minutes. The fee for a no-show or late cancellation (within 24 hours of scheduled appointment) is \$75.

Payment methods accepted by Awakened Heart PDX include cash, check, and credit. Awakened Heart PDX will be happy to provide a superbill to clients for possible reimbursement if they have out of network benefits.

Should additional professional services be needed to supplement your therapeutic record (e.g. leave of absence paperwork, letter writing, other documentation, etc), you will be charged the fee per session rate and pro-rated based on the amount of time spent on said services rendered. If you request phone support outside of the scheduled therapy session, any phone call lasting more than 15 minutes will be charged a pro-rated fee.

As a client of an Oregon licensee, you have the following rights:

- To expect that a licensee has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me;
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

**You may contact the Board of Licensed Professional Counselors and Therapists at
3218 Pringle Rd SE, #120, Salem, OR 97302-6312 Telephone: (503) 378-5499
Email: lpct.board@mhra.oregon.gov Website: www.oregon.gov/OBLPCT**

For additional information about this licensee, consult the Board's website.