



Maggie Riley, MA, LMFT (T2076) & LPC (C6664)

Licensed Marriage and Family Therapist &

Licensed Professional Counselor

971.407.3930 | awakenedheartpdx.com

1306 NW Hoyt St. #306, 406, & 407 | Portland, OR 97209

| professional disclosure statement |

philosophy + approach |

Through compassion and warmth, my hope is to provide a safe, healing, inclusive, empowering space to navigate life's challenges and guide you toward where you want to go. I enjoy working with teens and adults for individual, couples, and family counseling. I am here to walk alongside you through growth, healing, and self-discovery. I believe therapy can be a powerful space to uncover and explore aspects of the human experience. I enjoy taking time to understand your unique story. I have worked in a school-based mental health program working with adolescents and their families. I also have extensive experience working with clients with eating disorders and co-occurring disorders, including adolescents and their families, and adults, in residential, partial hospitalization, and intensive outpatient programs. It is important to me that you feel seen and heard throughout our time together. I believe every individual is unique and I want to honor the therapy process that works best for you. I have experience in a variety of evidence-based, trauma-informed psychotherapy approaches. My approach to therapy is client-centered, collaborative, non-judgmental, and strengths-based.

formal education + training | I have completed all necessary coursework and hold a Bachelor's in Psychology and Master's in Marriage and Family Counseling from Gonzaga University. I completed all required CACREP courses for Marriage and Family Counseling at Gonzaga University.

license requirements | As a Licensed Marriage and Family Therapist (LMFT) and Licensed Professional Counselor (LPC) registered with the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. To maintain my license, I am required to participate in continuing education, taking classes pertaining to subjects relevant to this profession.

fees | My cash pay rate is \$150-\$200 per visit. I am in network with several insurance plans (Aetna, Cigna, Regence/BCBS, PacificSource, OHP-Care Oregon and Health Share, Providence, Kaiser). Waiting to be in network with Moda.

your rights | As a client of an Oregon license, you have the following rights:

- * To expect that a licensee has met the qualifications of training and experience required by state law;
- * To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- * To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- * To report complaints to the Board;
- * To be informed of the cost of professional services before receiving the services;
- * To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me;
- * To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at

[a | 3218 Pringle Road SE, #120, Salem, OR 97302-6312](http://3218PringleRoadSE#120) [p | 503.378.5499](tel:503.378.5499)

[e | lpct.board@mhra.oregon.gov](mailto:lpct.board@mhra.oregon.gov) [w | www.oregon.gov/OBLPCT](http://www.oregon.gov/OBLPCT)

For additional information about this counselor or therapist, consult the Board's website.