



Professional Counselor Associate Supervisor: Robert Kleinjan, LCSW 971.407.3930 | awakenedheartpdx.com 1306 NW Hoyt St. #306 | Portland, OR 97209

| professional disclosure statement |

philosophy + approach | As a relationally-focused clinician, I hope to co-create a trauma-informed therapeutic space where you feel safe and supported in sharing your story and experimenting with new ways to experience the world and relationships. My approach is eclectic and informed by narrative therapy, ACT, and Internal Family Systems modalities, and I believe the stories we tell can provide insight and opportunity for healing. I value curiosity and working from a multicultural framework, so issues such as cultural identity and social context can be explored in treatment. I aim to be collaborative and transparent by working together to define your goals and strengths in sessions. Through our collaboration, we will work to explore your concerns and to uncover creative ways to make changes in your life while acknowledging sources of strength and resiliency. My clinical interests include trauma, anxiety, grief, and relationship issues. I enjoy developing unconventional strategies with clients and often include art as a tool in counseling.

formal education + training | I have completed all necessary coursework and hold a Master of Arts in Professional Mental Health Counseling from Lewis & Clark College. Major coursework included: Lifespan Development, Theory/Philosophies of Counseling, Diversity and Social Justice, Diagnosis, Assessment, Treatment Planning, Addiction Counseling, Trauma/Crisis, Ethical and Legal Issues, Practical Skills, Research Methods, Group Counseling with Children/Adolescents, Child and Family Counseling, Interventions with Children/Adolescents, Interventions with Adults, and Clinical Practicum and Internships. I completed elective work in courses focused on eating disorders and counseling with LGBTQ+ clients.

license requirements | As a Registered Associate registered with the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. I am supervised by Robert Kleinjan, a licensed clinical social worker in the state of Oregon.

fees | My cash pay rate is \$120 per hour. I will be in network with several insurance carriers and OHP.

your rights | As a client of an Oregon Registered Associate, you have the following rights:

- * To expect that a registered associate has met the qualifications of training and experience required by state law;
- * To examine public records maintained by the Board and to have the Board confirm credentials of a registered associate;
- * To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- * To report complaints to the Board:
- * To be informed of the cost of professional services before receiving the services;
- * To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning associate case consultation or supervision; and 5) Defending claims brought by you against me;
- * To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.